

# 5K MONSTER DASH & LITTLE GOBLINS RUN

**-COSTUME CONTEST- - FRIGHTNING FESTIVITIES-  
-LIVE BAND -CUSTOM AWARDS- -TERRIFYING T-SHIRTS-**



IT WILL BE A SPOOKTACULAR TIME!  
Frightening Food will be served



**WHERE- CHALCO HILLS 154<sup>TH</sup> AVE & GILES**

**WHEN- OCTOBER 25, 2008**

**TIME: 9:00 Am Little Goblins  
9:30 Am 5k Monster Dash**



**-ENTRY FEE- \$20.00 For the 5K Monster Dash  
-Race Day - \$22.00  
-Little Goblins- \$12.00 - 10 years and under, Little Goblins Run**

(This event is open to runners & walkers of all fitness levels)  
The course is USATF certified . Top Three in each age group will receive a custom made award. All little goblins will receive an award.

**Race Directors:** Linda Barnhart & Will Lindgren.

**To volunteer or any questions contact:** [LindaBarnhart@cox.net](mailto:LindaBarnhart@cox.net)

**PACKET PICK UP-** 8:00-9:00 The morning of race.



Mail entries to: Monster Dash  
18312 Ontario St.  
Omaha NE 68130

Name \_\_\_\_\_ AGE ON 10.13.08 \_\_\_\_\_ M OR F

Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

**Make Checks payable to: Team Nebraska. T-SHIRT S M L XL CHILD S M L**

Waiver (Entry invalid if not signed):

I hereby assume the risk of participating in any of the activities sponsored by Team Nebraska Brooks. In return for permitting me to participate in such activities, I, on behalf of myself, my heirs, legatees, administrators, and assigns, HEREBY WAIVE, RELEASE, AND DISCHARGE ANY AND ALL LIABILITY, CLAIMS AND CAUSES OF ACTION AND AGREE NOT TO SUE Team Nebraska Brooks, members of the organizing committee, or any other sponsors of the event regardless of whether they contributed financially. Further, I release their officers, agents, servants, and employees, in connection with or arising from any illness or personal injury (including death) which I may incur as a result of my participation in the Monster Dash & Little Goblins run.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian (If under 18) \_\_\_\_\_ Date \_\_\_\_\_